

Welcome to the Alcohol Literacy Challenge™ presentation!

This is an interactive program. You will be asked to respond to questions and to complete activities on these pages. Please do not attempt to skip ahead or fill them out until instructed, even if it may seem as though the activities are clear.

Confidentiality

These activity sheets are yours to keep. We will be asking you about information related to alcohol use and your thoughts and beliefs about alcohol. Since you may be underage, it might feel strange discussing your drinking. For that reason, everything we talk about today, and everything you write down, is ANONYMOUS. Do not write your name on these worksheets and take them with you when you leave. This ensures that anything you write down here will not be seen by anyone and cannot be connected to you.

Activity #1: Word List

Think back to a time when you had several alcoholic drinks. Circle all the words you experienced or have ever experienced feeling when having several drinks. If you never had an alcoholic beverage, circle any words you think you could experience feeling while drinking alcohol.

Less nervous	Relaxed	Cool
Active	Sleepy	Goofy
Cocky	Slow	Less Upset
Content	Smart	Nice
Dizzy	Talkative	Sick
Friendly	Wild	Crazy
Funny	Calm	Good
Happy	Fun	Carefree
Loud	Jolly	Hyper
Pretty	Outgoing	Nauseous



Do Not Proceed Until Instructed

Alcohol Literacy Challenge™ Student Worksheet

Activity #2: Drinking Alcohol Makes a Person . . .

Complete this statement with the first words that come to mind.

Drinking alcohol makes a person . . .

Activity #3: According to this Ad

Take a look at the ad displayed. What expectancies do you see?
What is this ad trying to make you believe are the effects of alcohol?

According to this ad, alcohol makes a person . . .

Activity #4: Turn back to Word List when instructed.